



G·O·L·D·E·N  
BOUGH

## Nutrition Facts

### PRODUCT DESCRIPTION

Product Name	CINNAMON GROUND ORGANIC
	Cannelle Moulue - Organique
Botanical Name	<i>Cinnamomum cassia</i>
Item No	133

Nutrition Facts		Valeur nutritive	
Per 1/8 cup (10 g)		Par 1/8 Coupe (10 g)	
Amount	% Daily Value	Teneur	% Valeur quotidienne
Calories 25		Calories 25	
Fat 0.12 g	<1%	Lipides 0,12 g	<1%
Saturated 0.034 g	<1%	saturés 0,034 g	<1%
+ Trans 0 g		+ trans 0 g	
Cholesterol 0 mg	0%	Cholestérol 0 mg	0%
Sodium 1 mg	<1%	Sodium 1 mg	<1%
Carbohydrate 8.06 g	3%	Glucides 8,06 g	3%
Fibre 5.3 g	21%	Fibres 5,3 g	21%
Sugars 0.22 g		Sucres 0,22 g	
Protein 0.4 g		Protéines 0,4 g	
Vitamine A 1%	Phosphorus <1%	Vitamine A 1%	Phosphorus <1%
Vitamine C 1%	Calcium 9%	Vitamine C 1%	Calcium 9%
Vitamine E 2%	Magnesium 2%	Vitamine E 2%	Magnésium 2%
Vitamin K 4%	Zinc 2%	Vitamine K 4%	Zinc 2%
Thiamin <1%	Sodium <1%	Thiamine <1%	Sodium <1%
Riboflavin <1%	Potassium 1%	Riboflavine <1%	Potassium 1%
Niacin <1%		Niacine <1%	
Vitamin B6 1%		Vitamine B6 1%	
Folate <1%		Folate <1%	
Iron 6%		Le fer 6%	

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